

Junior Menu

Junior Burger	£4.50
Cod Bites (4pcs)	£6.00
Sausage	£4.15
Fish Cake	£4.50
Chicken Nuggets (4pcs)	£4.85

All the above are served with chips and a soft drink (squash)

Special care is taken to ensure that all our produce is freshly cooked and of the highest quality. If you are pleased with our service please tell your friends. If you are not, tell me! Our aim is to satisfy you - our valued customer.

Bernard Kellaway ~ Proprietor

From time to time staff vacancies arise. If you would like a job as part of our team, or if you know someone else who thinks they can hack it in the heat when the pressure is on and can keep smiling when the queue is out of the door, please contact us:

Holmbush Fish bar
86 Daniels Lane
St. Austell
Cornwall
PL25 3HT

Tel: 01726 73805
www.holmbushfishbar.co.uk

Nutritional Value of Fish & Chips

	Fried Chips	Cod Fried in Batter	Mushy Peas
Energy	236 Kcal	199Kcal	49Kcal
Protein	3.8g	19.6g	5g
Fat	9.0g	10.3g	0g
Carbohydrate	37.3g	7g	7.7g
Calcium	14mg	80mg	13mg
Iron	1.4mg	0.5mg	1.2mg
Vitamin C	trace	0	15mg
Vitamin A	0	0	50ug

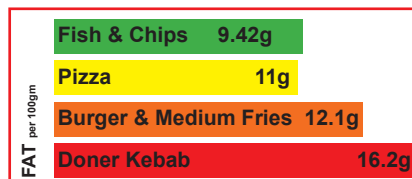
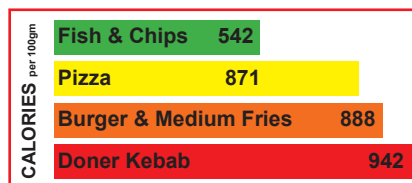
Source: Ministry of Agriculture, Fisheries and Food

Award?

Fish & Chip shops apply to SeaFish for an assessment. A thorough inspection is made by a SeaFish Approved Inspector to assess: The shop's image, design and condition; selection of raw materials; hygiene and cleaning methods; product care handling and temperature control; packaging of the product; quality of the final product; management systems; cleaning schedules; training; quality monitoring; equipment; frying skills and sales skills.

How often are Award Winners Tested?

The Award is valid for one year. Retention of the award depends upon the high standards being maintained. Approved inspectors maintain the right to visit the shops unannounced at any time.



Award Winning Fish & Chips

01726 73805

OPENING HOURS:

Monday-Saturday
11.30am - 2.00pm
5.00pm - 9.00pm

Sundays
4.30pm - 9.00pm

- Fast Friendly Service
- FREE Easy Parking
- FIVE STAR Rated by Food Standards Agency

86 Daniels Lane, Holmbush, St Austell
Cornwall PL25 3HT
(Opposite Tesco)

Delicious nutritious & British

No genetically modified foods
or produce sold here

A bit on the side...

Holmbush's Finest

Cod / Large Cod	£7.50 / £8.50
Haddock / Large Haddock	£7.80 / £8.80
Plaice / Large Plaice	£8.00 / £9.00
Huss	£6.50
Large Lemon Sole	£8.50
Cod Bites (8pcs)	£7.50
Pollock	£6.00
Scampi	£7.00
Scallops (Shellfish)	£7.50
Salt & Cracked Pepper Squid Chunks	£6.50

Chips

Medium	£3.50
Large	£4.00
Cheesy Chips	£5.00
Sweet Potato Fries	£4.50

Popular Extras

Peas or Beans	£1.60 / £2.00
Curry Sauce	£1.60 / £2.00
Onion Gravy	£1.60 / £2.00

Specials

Crispy Crab Sticks	£5.00
Home Made Fish Cake	£3.00
Home Made Curried Fish Cake	£3.00
Cod Roe	£2.80
Calamari	£6.00

Chicken

Chicken Leg & Thigh	£5.00
Chicken Breast	£5.50
1/2 Chicken (14-18oz)	£6.20
Chicken Nuggets (8)	£5.20
1/4lb Chicken Burger	£4.40
Chicken Burger (Deep Fried)	£2.90
Chicken Breast Fillet Burger	£4.60
Southern Fried Chicken Strips (3) £3.00 (5) £5.00 (7) £7.00	

Pies, Sausage & Various

Steak & Kidney / Steak Pie	£4.00
Steak & Ale Pie	£4.00
Chicken & Mushroom Pie	£4.00
Saveloy Sausage	£2.90
Jumbo Sausage	£2.90
Small Sausage	£1.90
Beef Burger (4oz Deep Fried)	£2.50
Spam Fritter	£2.60

Burgers - 100% Pure Beef

Served in a Sesame Bun

Kittows 1/4lb Beefburger	£4.20
Kittows 1/4lb Cheeseburger	£4.50
Kittows 1/2lb Beefburger	£5.20
Kittows 1/2lb Cheeseburger	£5.80
Kittows 4oz Beefburger (Deep Fried)	£2.70

All the above are served with salad and relish of your choice

Deliveries and functions by arrangement
for large orders

...and vegetarian options

Vegetarian Pancake Roll	£4.00
Super Veggie Burger	£4.40
Vegetable Burger (Deep Fried)	£2.60
Home Made Potato Cake	£2.80
Onion Rings	£3.80
Deep Fried Camembert	£3.90
Crispy Coated Mushrooms	£4.00
Cheese & Onion Fritter	£2.70
Spam Fritter / Mushy Pea Fritter	£3.00
Large Gherkin	£1.00
Pickled Onion	£0.80
Pickled Egg	£1.00
Mozzarella Sticks	£4.50
Mexican Jalapeño Peppers	£4.20
Halloumi Fries	£4.50
Bread Roll	£0.50
Sauce Sachet	£0.20
Bottle of Fish & Chip Shop Vinegar	£1.35
Sauce Bottle	£1.35

Sweets

Pineapple Fritter	£3.50
(served with Maple Syrup)	

Beverages

Soft Drinks	£0.50 / £1.50 / £1.80
Tea or Coffee	£1.30 / £1.60